

MINISTER'S LETTER

The comedian Milton Jones once told the joke, 'Some people see the church as a giant helicopter. They're scared to get too close in case they get sucked into the rotas.' We laugh because we know what he means.



At Martin Way we have more than our share of rotas. We have rotas for stewards, readers, intercessors, communion stewards and assistants, flowers, money counting, welcoming, children's work and, essentially, coffee making and serving. We have so many rotas in fact that it's a wonder that we don't have a rota of people to draw up the rotas.

I mention this because it came to light at the General Church Meeting last month that we don't actually have enough people willing to serve on a number of these rotas. As the conversation unfolded I was reminded of my sabbatical and the time spent at *House For All Sinners and Saints* in Denver, Colorado - for this was a church without rotas.

Indeed, House... is a church community that likes to say that it is "anti-excellence/pro-participation" - meaning that the liturgy is led by the people who show up and not just by a so-called expert at the front. There, the pastors offer the Eucharistic prayer and, more often than not, the sermon but all the other parts of the liturgy are led by people from where they are sitting. People choose whether to take on a role on entering the building, either taking an unmarked service booklet (if s/he does not want to take a leading role) or a marked one (with particular sections highlighted for that person to read/lead. I have long since wanted us to try this and hope very much that we will be able to move to such a model at some point.

In the first instance, however, I wondered whether we might experiment with some of the other tasks - that some might see as peripheral but which are nonetheless vital to our life as a worshipping community - to see whether this might make life easier for us. I mentioned this at the meeting and the decision was taken to make use of the quieter summer months to pilot this approach.

Subsequent to the meeting, I typed 'church without rotas' into a well known internet search engine and was delighted to learn of St Mark's

Church in the Parish of Badshot Lea and Hale, near Guildford. Here's what it says on its website in an article dated April 20, 2015:

Until recently there had been a rota for all the jobs – sidesperson, server intercessions, reader, coffee making and so on. However, it tended to be only the more established members of the congregation who could commit to the rota – families preferred to remain flexible, and in particular most of the jobs were inappropriate to give to children.

So the congregation of St Mark's are trying something new. They have made lots of cards with various jobs on them, for example 'Light the Candles', 'Take the Collection', 'Tidy up after the Service', 'Server', 'Reader', 'Intercessor', 'Make the Coffees', many of the jobs can be done by children. Then each Sunday there is 'Host' who is one of the established members (who can commit to a Sunday) and they bring the biscuits, open the church and put out the box with the jobs in. As people come in they help themselves to a card, if they wish to.

The Revd Lesley Crawley, who is a priest in the Parish said, "Getting rid of the rota has been brilliant – it has made the church even more inclusive and even zanier. I never know who is going to step up to do the reading or help me by serving at the altar. It definitely wouldn't suit a place where the vicar needs to be in control! But it works for a church like St Mark's where people invite their friends by saying, 'Seriously, I bet our church is nothing like any other church you've been to!' I would encourage every church to try it for their All-age services."

<https://badshotleaandhale.org/2015/04/20/getting-rid-of-the-rota-at-st-marks/>

Well, following the decision of the General Church Meeting, we're going to try something similar and by the end of the month everything should be in place for us to do so. We will still seek to have a steward on duty to open up and act in the 'Host' role referred to above. This person will additionally be tasked to bring some milk so that we know that there's some ready for the post-service coffee. We will still have a communion steward (to begin with anyway) to ensure that we have bread on the premises and, of course, those leading Sunday Club, working on audio

visuals and arranging the flowers will need to know who they are in advance. But that will be it. All other tasks will be up for grabs.

Our hope, of course, is that even if things are a bit “clunky” for a while, this approach will not only liberate us from the rotas, it will also help us all to participate more in the worship that we offer to God.

With every blessing

Paul

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General Church Meeting - 8th May 2016

Conversation on the ministry and witness of the Church

Introducing the conversation subject matter, Paul made reference to the Our Calling document (which highlighted four aspects of church life: Worship, Learning & Caring, Service and Evangelism) and the Priorities for the Methodist Church document (that, amongst other things, invited churches to work in partnership with others wherever possible).

The Leadership Team has looked at the above aspects of church life and what we offer in relation to them and has posed the question as to how we build on what we already do rather than focus specifically on new projects. This conversation immediately highlighted our need for additional resources - human and financial, hence the reference to working in partnership with others.

Worship

Talking about worship and the worship space, Paul made reference to the development of Café Worship - something that was talked about at the General Church Meeting last year.

We have a shortage of Vestry Stewards and need more - Paul outlined the task currently carried out by the Vestry Stewards. We also need more people on the Welcome Team – an important role for the church to welcome people and to also engage with people following the service.

The Worship Co-Ordinator’s post is still vacant although Mike still covers this.

Learning & Caring, Service & Evangelism

Frogs – Requires back up and needs to plan for the future succession of those currently running it.

Coffee & Chat – Now flourishing, people enjoy meeting and talking with one another although the organising is still falling on the same people. Coffee & Chat continues over the summer period.

Lunch Club – Meets fortnightly. Same people attend each time and we would like to increase this to offer people a chance to come along weekly. And also be able to continue over the summer period.

Big Brunch - continues to be well supported by Platform. People are again able to get together around a table and chat over food (following Jesus' example). However there are a shortage of people to help.

How do we draw more people in? Mike & Tony are now representatives for Churches Together. Mike attended a Seminar at Spring Harvest entitled 'Grey Matters' He will be giving a talk at the Pastoral Meeting on this subject (tweaking the title to read 'Greys matter') on Thursday the 12th May at 8 p.m. All are welcome to attend if they have an interest.

The conversation was opened up.

On the need for 'Welcome Stewards' - Rebecca suggested that some of the children/young people would love to be a part of this with oversight by an adult as there could be Safeguarding issues otherwise. The young people are so much a part of the 'whole' and should be included; they are already on the rota for Café Worship.

It was suggested that if only one steward is on welcome duty then perhaps a regular member could assist also as they arrive to offer a welcome to those arriving for worship.

Paul mentioned his experience when he was on sabbatical and visited a church in Denver, Colorado where they didn't actually have any rotas - people just took on jobs/roles on arrival (if they wanted to).

June, July & August are difficult for the rota as this is the holiday period. Jane suggested that we could pilot the 'No rota' idea and see how it goes during this period. However, we should also recognise or consider those who may not wish to be put upon more often than they would wish.

There is no Sunday Club during the summer therefore there may be more adults available to assist the children. A discussion around this needs to take place if it is to be implemented. Paul will chat with Jane to discuss the rotas to see what can be 'shelved' and what needs to be left on.

Apparently, other churches in Churches Together in Merton Park have also identified that they too are in the same boat: with not enough people to run things etc. Mike has invited each church to list the activities they provide - to see if there is crossover/we can help one another more. Also consideration should be given to other Agencies.

Financial matters

Recent years have seen expenditure of over £100,000 as the kitchen, vestry, church, ladies loo and coffee lounge have been refurbished. We have not replenished these funds. Fund raising events are beginning to 'kick in' but the current situation is that, in the year ahead, if we don't spend anything on further loo refurbishment (work which was originally scheduled for August) we will keep our reserves intact. If we spend money on refurbishing the other two loos, then we will go into our reserves.

Some people have increased their giving, but this will take time to accrue. We need to cut costs where we can. Thanks to Mike and a change in energy supplier, our annual outlay on gas and electricity is expected to be £4,500 less.

Our cleaning contractor has been good overall but the bill is £10,000 per year. We need to look at the contract to see if we can 'pull back a bit'. If we offer good facilities, people will be more inclined to use the premises.

On the 25th May the Church Council will need to make a decision on all of this. We also need to consider that we will lose our £300 deposit if we pull out of having the refurbishment of the loos and would risk a price increase at a later date. We also may upset our contractor who may decide he no longer wants or be able to do the job for us at a later date.

A suggestion was made that we ask members of the congregation to consider making a one off donation or interest free loan towards costs. If we continue we would be taking out around £20,000 from our reserves which we would need to replace. Carrying out work on the all access loo only might be a possibility. Roy outlined the actual cost £8,000 (all

access) and £11,496 (men's). The overall view of the Finance & Property Committee and its decision, was always to go ahead with the refurbishment of all the loos. The Contractor has quoted as two 'stand alone' jobs. The decision in relation to this will finally be made during the Church Council Meeting on the 25th May. The general feeling from this meeting was that we go ahead with the all access loo.

It was noted that the hall also needs to be painted but this could be a DIY job.

Roy outlined the financial situation. He also said the church was very grateful for the money given during the 'month of giving'. Gift Aid Claims – we have to wait until August for this which will amount to around £7,500. However this has already been taken into account in Roy's figures. Any increase in the monthly giving, we would not recognise/benefit from for at least a year.

Anyone is free to see or speak to Roy in relation to any of these points mentioned.

Sylvia's fund raising – some stall holders have already paid for their table but they will be keeping their profits.

Pest Control – No longer involved therefore a saving of £500. The Cash collections are small but direct debits have increased.

A question raised was, has anyone thought or spoken of people leaving money in their Will?

Thanks were given to Roy for all his hard work.

Other matters

Membership – 74 – we have had one further loss since this figure. Sadly Joyce Plant had died since last year's GCM. We held one minute of silence in her memory.

Appointments – No need at this meeting to make any appointments.

Paul closed the meeting in Prayer and we shared the Grace with one another.

Brenda Cannon

Extreme ‘Criminal’

Taken from: Extreme devotion, the voice of the martyrs from the co-authors of Jesus freaks. Serious followers of Jesus pay a price, and extreme followers often pay the ultimate price. Each story is true.

SAUDI ARABIA : PASTOR WALLY, A FILIPINO WORKER

He was the most wanted criminal in all of Saudi Arabia. He was not wanted for robbery, or murder, or rape. He was wanted for leading a large secret church in the Saudi Arabian capital city.

Without being charged, Peter Wally was taken from his home and into a room with three men. There he was slapped, kicked, and punched. The most painful abuse was the lashes on the bottom of his feet. When the lashing was done, his hands and feet were the purple colour of eggplant.

In the midst of that pain, the torturers ordered Wally to stand. "I cannot," he told them. Every square inch of his feet hurt, and there was no way to support his weight. "Please allow me to kneel." The torturers refused.

While the three men beat him, Pastor Wally prayed for them. His prayers reminded him of a verse. "For he will command his angels.... they will lift you up in their hands, so that you will not strike your foot against a stone" (Psalm 91:11-12). In spite of his feet, Wally stood straight up among the men. They were shocked that he could stand after such a beating.

"I was standing on the hands of God's angels," Pastor Wally later said. "They could not see angels, but I felt that they were there to help me stand."

Some people seem to send their guardian angels into overtime. Like Pastor Wally, they are constantly on the edge for Christ with a powerful witness and a daring spirit. Still we might imagine that some guardian angels have time on their hands, assigned to Christians who do nothing to further the kingdom. While Pastor Wally's situation was unique, his prayer should not be. Sometimes we must stand on the hands of God's angels in order to be faithful to Christ. Do we exude that type of fervent desire in our workplace? Our homes? Our school? Wherever you find it difficult to take a stand for Christ today, ask God to send his angels to give you a lift.

For he will command his angels....they will lift you up in their hands, so that you will not strike your foot against a stone. (Psalm 91:11-12)

“Thank you so much for all that you have done for me. I can’t begin to tell you how much it all means. You have made my new start in life such a good one.”

THE CHRISTIAN CARE FURNITURE PROJECT....

....had just furnished the empty flat of a young woman suddenly moved to Merton when she sent this text. In the past few months we have helped a number of families in similar circumstances – a very young couple with a new born baby, a man just released from hospital, a family of 5 with a new baby, a disabled woman with 3 sons.

Sometimes people ask for a single item – a bed so that they do not have to sleep on the floor, a replacement for the fridge-freezer or the washing machine that has broken, bunk beds for the older children to make space for a baby’s cot in their room, a chest of drawers so that clothes overflowing onto the floor from black bags can be stored away tidily. As the only Furniture Project left in Merton providing a free service, we are very, very busy.

CAN YOU HELP?

- To meet increased demand, we need more drivers and mates who can give half a day a week or a fortnight – on a weekday or a Saturday - to go out in our Ford Transit van to collect and deliver furniture
- We are looking for a man or a woman with vision and strong organisational skills to take over as Co-ordinator of the Project, working from the Office in Martin Way Methodist Church one morning a week – must be a car driver
- We may soon be in need of some clean, dry garages for storage of furniture - on loan or to rent
- Our stocks are low and we would welcome donations - a list of our current furniture needs can be found on our website: www.christiancaremerton.org.uk

When asked why he was involved in the Furniture Project, one of our

drivers said:

“This is a much-needed service. From a Christian point of view it is ‘down-to-earth’, it reflects the incarnation, it is the essence of what Christians should be doing. It is really distressing in a relatively affluent borough to find people who have nothing, people who are living in conditions you could find in a Charles Dickens novel. It is inspiring to be able to help.”

To find out more about volunteering with the Furniture Project – and other opportunities such as befriending and shopping for families, driving families to events – contact Gillian Thick, Chair by Phone: 0203 302 0181/07932 628840 or Email: christiancaremerton@gmail.com

CHRISTIAN CARE ASSOCIATION – Registered Charity No:1044099

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Remembering Joyce

I continue to enjoy Martin Way magazine and I’m so glad I still receive it. I’d not heard of Joyce Plant’s death and it was therefore a shock to read of it, but a joy to read the tributes.



She and Gwen were part of my DISCIPLE group when I was in the Wimbledon circuit and their participation so enriched the group. I smiled to myself whenever I discovered she (or Gwen) were rising to new challenges. I continue to chuckle as I recall Joyce’s narrating of her visit to a prison towards the end of the course in response to a challenge to meet with neighbours we don’t usually encounter.

I loved the honesty of the tributes and their careful portrayal of a very human, extraordinary disciple of Jesus and I continue to utter a prayer of thanksgiving as I recall some of my conversations with her and within the group and her care and challenge to me.

*Jenny Impey
District Chair*

(gallech arddangos hwn fel poster yn eich eglwys)

The Healing Ministry

What? Ministry of Healing Summer School

When? June 20 – 22, 2016

Where? Cefn Lea Conference & Holiday Park,
Dolfor, Newtown, Powys, SY16 4AJ

(www.cefnlea.co.uk)

We hope you are able to join us in our annual conference (63rd this year) at this special centre in Mid Wales. We will have an opportunity to learn more about this ministry and our Guest Speaker this year is Mr Wynford Ellis Owen. We pray for God's blessing on the meetings and we look forward to welcoming you.

More information: Nerys Rowlands,
Pandy, Cefnddwysarn, Bala, Gwynedd. LL237LN

Email : nerysrowlands@hotmail.co.uk

Telephone number: 01678 530407

The eyes of the Lord are on those who fear him, on those whose hope is in his unfailing love. Psalm 33:18

This week marked 14 years since the closure of most of Eritrea's Protestant churches – the start of severe restrictions on the Christian community.

Today, Eritrea is one of the most repressive regimes in the world, with thousands detained indefinitely and without charge in makeshift facilities, including in shipping containers. Hundreds of Christians are among them, held simply because of their faith. On Thursday we marked this anniversary with a protest outside the Eritrean embassy in London. Please continue to pray for Eritrea.

Perhaps unsurprisingly, huge numbers of Eritreans are fleeing. These refugees desperately need us to speak out against the horrific repression in their country. Our newest campaign, Real Change for Refugees, is focused on doing just that – not only for refugees from Eritrea, but for those from all countries that are dangerous for their religious minorities.

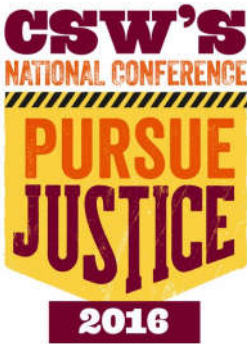
In summary, please pray:

- For the hundreds of Christians in prison in Eritrea
- For increased international attention, and decisive action, on the human rights situation in Eritrea
- For safety for Eritrean refugees fleeing the country
- That they would reach a destination where they can live safely and peacefully.
- That God would comfort the families that lost loved ones in the incident in April and protect those who managed to escape.
- That the upcoming UN Commission of Inquiry on crimes against humanity, which is due in June, would bring real change for the people of Eritrea

- That Eritrean refugees would find somewhere they are able to live peacefully
- That prisoners in Eritrea would know God’s peace and comfort even in the midst of their suffering
- Thanking God for the many opportunities CSW has had to speak up about the situation in Eritrea before the UN
- For perseverance, wisdom and strategy for CSW’s Africa and Middle Team and our partner Human Rights Concern Eritrea, particularly regarding future initiatives at the UN
- For an end to the injustice, and for freedom and peace throughout Eritrea.

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CSW Conference



It was with a sense of compulsion and anticipation that we were drawn to attend the annual CSW Conference at St Paul's Church, Hammersmith on the 23rd April 2016. Since it was within a few days of attending the funeral of Joyce Plant who was an avid CSW representative for Martin Way, it was also with a sense of obligation to her knowing that she would be encouraging us to go and would eagerly want to hear all about the event. Indeed, we felt that she was with us in spirit.

The conference started with a time of praise and worship led by Muyiwa Olarewaju, gospel artist and station director at Premier Gospel. Muyiwa, as he stated in his introduction, being the “user-friendly” version of a very lengthy Nigerian name! He ably encouraged us to turn our attention toward God and to acknowledge his presence with us. The music was infectious.



During the day we were constantly reminded that as Christians:

- we are known by our actions

- everyone has a right to freedom and we owe it to others not to withhold their freedom
- voices who cry out in the wilderness are often criticised

Archbishop Ben Kwashi from Nigeria recalled tragic incidences for which we in the West only hear of. Since the attacks to homes and churches in 1987 which have continued and there have been three whole communities wiped out. His church in Jos was destroyed twice and his own life has been under threat. Still he spoke with confidence and joy in the God who is Love.



Throughout these attacks the churches have been taking a lead, practically, spiritually and, especially, not retaliate. They have been providing water, health care needs and tending to the widows, orphans and children. By their constant prayers the Gospel has penetrated to the refugee areas, relationships have been built, lives have been transformed and they have slowly learnt to live in peace with their Muslim neighbours.

After a break for lunch it was time to attend one of five workshops namely:

- The rise of religious extremism and persecution: getting behind the headlines with Bishop Benjamin Kwashi
- Theology of Suffering: led by Rev Joel Edwards.
- Pray Freedom: Interactive prayer workshop with Andy Freeman of Church Mission Society.
- Faith-inspired campaigning and seeking justice led by Stephen Timms MP
- Persecuted not abandoned: CWS Nigeria. Film screening.

Moira chose the last one to attend. It was a short film hearing testimonies of Nigerian Christians who have been a target for Boko Haram (recently named the world's deadliest terror group) for over a decade. Seeing as well as hearing these testimonies made quite an impact on us, learning of their trust in God in every situation. There was time for questions to Rev Benjamin Kwashi. In all his answers the key words were keep praying for your Nigerian brother and sisters, keep supporting.

Gwen chose to attend Rev. Joel Edward's seminar 'Theology of suffering'. Rev Joel is currently undertaking a doctorate exploring the place of religious freedom and human rights as part of the Church's mission.

During the seminar there was another reminder that:

- being a Christian accentuates suffering
- 70% of Christians find their freedom compromised in some way
- Suffering resonates with most of us since the fall
- The power of grace - those who have suffered help those who are suffering
- No one does religious freedom more than Christians who have faith
- God is concerned about the management of our suffering and the response is often through us

The second part of the seminar related to the management of our suffering with verses from Scripture. This quote from Gloria L. Shaab was worth noting:

"Among the theologians who profess the Christian tradition, some affirm that God is not unmoved. Rather God, is a suffering God, not only familiar with suffering but also burdened by cosmic grief.

This followed naturally to (Isaiah 53:6) A man of sorrows, acquainted with deepest grief, (Gen 42:18) Do this and you will live; (Luke 10:33) Then a despised Samaritan came along and when he saw the man, felt compassion for him. The story of the Good Samaritan being the most transferable for those outside the church and a story we can all relate to.

To end a very thought provoking session, we were drawn again to Scripture and to (Philippians 3:10) That I may know him, and the power of his resurrection, and the fellowship of his sufferings, being made conformable unto his death. Emphasising that we cannot know the victory of the Resurrection without personally applying the Crucifixion.

A conference of this kind takes you out of your comfort zone leaving you with challenging choices: Give more money? Pray more than I do?

volunteer my time? Are we burdened with cosmic grief?
Lasting decisions are not always made on the spot!

Moira Bailey and Gwen Wildman

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Worst Day Ever?
By Chanie Gorkin

Today was the absolute worst day ever
And don't try to convince me that
There's something good in every day
Because, when you take a closer look,
This world is a pretty evil place.
Even if
Some goodness does shine through once in a while
Satisfaction and happiness don't last.
And it's not true that
It's all in the mind and heart
Because
True happiness can be attained
Only if one's surroundings are good
It's not true that good exists
I'm sure you can agree that
The reality
Creates
My attitude
It's all beyond my control
And you'll never in a million years hear me say
Today was a very good day

*Now read it from bottom to top, the other way,
And see what I really feel about my day.*

Aloe Vera

Aloe Vera, a plant known as ‘medicinal’, ‘miracle’, or ‘silent healer’ has many medicinal properties. It has been around for over two thousand years. It’s reported that Cleopatra used the plant, Alexander the great was known to have used it to heal the wounds of his soldiers. It is mentioned in the Bible in five different locations; Number 24:6, Psalm45:8, Proverbs 7:17, Songs of Solomon 4:14 and in John 19:39 aloe was mixed with myrrh to embalm Jesus.

Ghandi said “You ask me what were the secret forces which sustained me during my long fasts. Well, it was my unshakeable faith in God, my simple and frugal lifestyle and the Aloe, whose benefits I discovered upon my arrival in South Africa at the end of the nineteenth century.”

Mahatma Ghandi (1869-1948)

Aloe Vera is considered to be a miracle plant because of its too many curative and healing benefits. The leaf of the Aloe Vera is filled with a gel containing vitamins like A, B1, B2, B6, B12, C and E, Folic Acid and Niacin. Minerals found in Aloe Vera plant juice are copper, iron, sodium, calcium, zinc, potassium, chromium and magnesium. All these nutrients have tremendous health benefits when used externally and internally.

The 10 main benefits of Aloe Vera:

1. Immune System booster
2. Helps in the control of blood glucose levels
3. High in vitamins: B1, B2, B3, B6 & B12
4. Helps with digestion
5. Helps in detoxification
6. Cardiovascular health
7. Great for the skin
8. Acts as a disinfectant, antibiotic, antiseptic, anti-fungal & anti-viral
9. Reduces inflammation
10. Heals cuts, burns, spots etc.

Forever’s Aloe Vera Gel is as close to the real thing as you can get and was the first of its kind to receive certification by the International Aloe Science Council. This rich blend of pulp and liquid gives us a product as near to nature as possible.

For further Information please chat to me or you can contact me on:
Tel: 07956 369579 or email: mfuwa@blueyonder.co.uk

Mike Fuwa



Forever Living Products

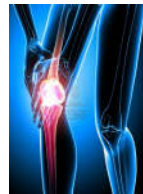
The Aloe Vera Company

**BRING ALOE
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- *Healthy Digestive System
- *Skin Disorders
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- * Diabetes
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Pure Aloe Gel will do you *good*



*You can't change your life if
you don't change your thinking*

FOREVER 

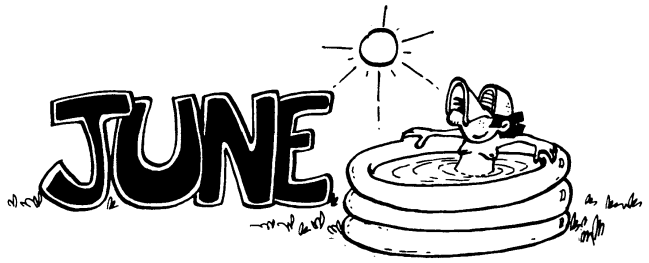
For further information contact:

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Email: mfuwa@blueyonder.co.uk

CHURCH DIARY



Fri	3	12.30 pm	Luncheon Club
Sun	5	10.30 am	Morning Service led by Brenda Cannon
Tue	7	10.30am-noon	Coffee and Chat
		8.00 pm	Time for Prayer
Sun	12	10.30 am	Communion Service led by Rev Paul Timmis
Tue	14	10.30am-noon	Coffee and Chat
		7.00 pm	Circuit Meeting at Ruxley Methodist Church
		8.00 pm	Time for Prayer
Fri	17	12.30 pm	Luncheon Club
Sun	19	10.30 am	Café Worship led by Rev Paul Timmis
Tue	21	10.30am-noon	Coffee and Chat
		7.00 pm	Men's Supper Club - <i>'My most unusual experience'</i> - Members share insights and memories
		8.00 pm	Time for Prayer
Sun	26	10.30 am	Morning Service led by Mark Williamson
		6.30 pm	Communion Service led by Rev Paul Timmis
Tue	28	10.30am-noon	Coffee and Chat
		8.00 pm	Time for Prayer

*Please refer to the Website (www.martinway.org.uk)
or Weekly Notice Sheet for any additional information*



We wish all of those who celebrate a birthday this month a very

Happy Birthday

and especially to:

Nathan Harker on 18th June

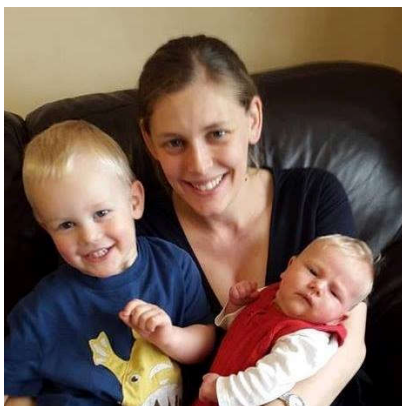
Alice Day on 27th June

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Congratulations

Rather belated congratulations to Ruth and Martin Harker on the birth of Grace Fern Harker who was born on Friday 15th April.

As you can tell from the photo, Nathan is delighted to have a baby sister.



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Poverty is an outrage against humanity. It robs people of dignity, freedom and hope, of power over their own lives. Christian Aid has a vision - an end to poverty.

Tony Loft, Mike Mortley and the Timmis family walked the 'Circle the City' on Sunday 22nd May for Christian Aid. They are happy to accept sponsorship even after this event, so this is your chance to contribute to Christian Aid work.

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The Afternoon House group are holding their social afternoon tea on Monday 11th July 2 - 5pm at 93 Aylward Road, SW20 9AJ. All are welcome to join us

Gwen Wildman

GUNG-HO!

On Saturday 4th June we will be tackling together and helping each other over 10 inflatable obstacles on a 5km course! There will be the world's largest inflatables and the finale is Europe's biggest ever inflatable slide! This will be a challenge for each one of us and we will need all the team members to help each other to complete the course.



With your support through your kind donations it will encourage and push us on to complete it! So Thank you from the bottom of our hearts!!

As a group we have chosen together to raise money for two great charities that are close to our hearts - Macmillan Cancer Support and MIND. If you are able to support either charity we would very much appreciate your donation. You can donate via our just giving team page at <https://www.justgiving.com/teams/Gung-Hopefuls>

Team Gung Hopefuls

*Abby & Richard Herring, Rachael Conquest, Shelley & Scott Whittington,
Steve & Phoebe Pallister*

Items for the **July Newsletter** should be with Andrew Fox,
(email: roife@hotmail.co.uk) by **Sunday 19th June** at the latest