

## **FROM THE EDITOR**



Amazingly it is now one year since I was persuaded to take the place of Rosemary as the Editor of this Newsletter. One of the most interesting and changeable years of my life as I settle back in London after living in Southern Ireland for many years.

Many things have happened in this one year, we have seen the birth of Joshua Fuwa, the deaths of dear friends such as Bill Bass, Rev Phillip Moore and Edie Winrow, the start of the Alpha Courses at Martin Way, John and Faith's sabbatical with the myriad of wonderful guest preachers, but no wedding as yet, but this will soon change with the marriage of Abby and Richard later this month. It is also with sadness that we learnt of the leaving of Joan, Janet and Bob this year to pastures new, so we are using some these pages in this issue to reflect on what they have meant to us all at Martin Way over the years.

This month we also welcome the return of John, our Minister, hoping he has been refreshed from his trip home to Kenya and I especially am looking forward to the rest of the articles he promised me about the Holy Spirit that was started as a series earlier this year.

I would also like to take the opportunity to thank you all for your support over the this time and the many words of encouragement about the Newsletter and how it has developed over the last year. But producing the Newsletter is a team effort, for without the help of Jane supplying some of the puzzles and pictures, Maralyn confirming the Diary dates, Bill for his Thought of the Month and of course every one who contributes articles, the Newsletter would be non existent.

I look forward to receiving all your articles, pictures and news in the future so that this Newsletter will continue to improve and keep everyone upto date with everything that happens at Martin Way.

*Andrew Fox*

## TAIZÉ PRAYER AND PRAISE AUTUMN 2006



This time last year we ended our Summer meeting with thoughts, and tragic stories, of the previous week's bombing of London by terrorists. Now, one year later, we can only think of the need for the escalation of prayers towards many different areas of the world where there is the restlessness of searching for Peace for all mankind. I think Christians in their Mission to Teach and be a Witness to Our Lord just as he faced persecution – for being a friend to all.

In good faith we must persevere to help understand the need to be a good neighbour – who is our neighbour? – all whom we encounter and search for the true will of God in that moment; when in doubt ask yourself what would Jesus have said or how would He have acted in this given moment. Understanding, compassion and empathy, and always listening to that Inner Voice; Matthew Ch 5 Vs 43-48 (NIV) is a challenge to us all.

I give below the dates of the Autumn Taizé Prayer and Praise meetings at 8.00pm on the following Monday Evenings and look forward to seeing you all again.

Date	Venue	Leader
18 <sup>th</sup> September	St.John Fisher Church	Jean
16 <sup>th</sup> October	St.John Fisher Church	Cathie
13 <sup>th</sup> November	St.John Fisher Church	Tom
11 <sup>th</sup> December	Christmas 'Shared Meal'	David

at the home of David Cordey  
13 Cannon Hill Lane  
Tel: (020) 8395 7684

*Jean Mann*  
(Taizé Contact)  
Tel: (020) 8542 5929

## **TWO APPRECIATIONS**

Firstly, the ‘Praise and Thanksgiving’ service held for Joan, Janet and Bob on Sunday 30<sup>th</sup> July – what a wonderful celebration this turned out to be, ably led by Brenda and Tony with very moving words being said. So much had gone on to give an air of surprise and it surely achieved that; I was Door Steward and half an hour before the commencement Bob came to me for an Order of Service sheet to ‘see what is going to happen’!!

The 40 strong SIGMA Choir, from the whole Circuit, led the singing following the Christmas, Easter and Pentecost themes of previous presentations, but we were all encouraged to join in ‘Three Hairy Camels’, ‘He breathed on me’ from Aslan, and other such songs all of which were projected on the overhead screen.

Folk and Ministers came from all our Circuit Churches, as well as many people from past congregations from near and far afield; our Church hardly had a seat to spare and we certainly ‘raised the roof’!

Following this moving Service, we all adjourned to the Hall, where a very substantial buffet had been laid out, while old friendships were re-kindled amid sad farewells to Joan, Auntie Bette, Janet and Bob. Sadly due to unavoidable delays, as I write this, their move has still not been finalized, but by the time this account is printed, I pray that their worrying time of waiting will soon be over.

Folk who were unable to attend sent cards and messages, including one from Betty Collins who also sent her love to anyone who remembers her, especially to Joan; she said she will always remember her help in the flower decorations for Robert and Joy’s wedding.

Secondly, my daily Bible Reading on Sunday, 6<sup>th</sup> August, was headed ‘A Day for Delight’, Isaiah 58, Vs 13 & 14. “If you keep your feet from breaking the Sabbath and from doing as you please on my holy day ..... then you will find your joy in the Lord”. The notes referred to today’s multiple options from marathons to mowers to malls (shopping). At the end, it asked, “To reflect on – what would a day of Sabbath delight look like for you?”



## **AS WE SAY GOODBYE TO BOB, JANET AND JOAN**



Here is a collection of thoughts and memories about Janet, Bob and Joan's time at Martin Way.

Well, Jan & Bob's boat has been moored for many a long year and now after all this time it seems it's ready to pull up anchor and set sail to lands afar, well Devon anyway.

There have been so many joyous occasions of celebration and praise that we have been part of and enjoyed sharing in with Janet, Bob and Joan, of course that includes Bob's booming vocal bass tones and 'enthusiasm' on the piano even when oblivious to the fact the rest of us are actually singing a different song to the one he's playing or the fact he's six bars ahead of us! And that hearty endless chuckle when reprimanded by his loving wife Janet and when he then realizes the error of his musical ways. Not forgetting Mr Beaver and the one and only line always remembered "And it's snowing again and that's all the better..... but unfortunately it was usually the wrong cue!

What wonderful years of music, song, dance, drama and worship, so many to recall and so many of us joining with you in sharing the gospel using God's blessings in the diversity of gifts, skills and talents all of which offered in love and praise in His service.

And of course, Joan (Grandma) who has always been there in the wings throughout the years loving and supporting Janet and Bob in so many

ways along with serving our church here at Martin Way in various roles and activities over numerous years. We thank you Joan for without that love and support, especially in the early days when Andy & Pete were 'knee high to a kipper' it would have been difficult for Jan & Bob to have devoted so much time to their calling. Bless you.

Thank you from the bottom of our hearts both from Martin Way and of course our circuit for all you have shared with so many for so long.

***Brenda Cannon***

My memories of Bob would have to be Shell Bay and bob going off for his walks in the dunes. The moment we got to Tom's field he would be restless until we had got to the beach and he could swim in the sea and walk along the dunes. Bob loved any cliff walk and we have done many in all kinds of weather!



Memories of Janet would be of our YPF weekends away, which is how Steve and I met. We had great fun and learnt so much from those weekends. Sleeping on the floor and singing while Janet played on the guitar and Bob played the Piano.

We forged strong friendships which have stood the test of time and Janet and Bob were always there when those relationships did not always go so well.

***Annemarie Pallister***

I first met with Janet and Bob through the youth group whilst I was looking for church to join. Their love, support and general encouragement for all things to do with the church persuaded me to join Martin Way. Of course Janet was never a person to say no to, she managed to persuade me to join the Circuit Youth Choir (even though I

felt I was tone deaf) but with Bob’s help and strong singing he guided all us basses through many a performance.

Even on my return from Ireland after 14 years I was met by Bob outside the church, greeting me as though the years had only been days. And yet again Janet’s persuading power managed to get me to join the now grown up Circuit Youth Choir, SIGMA.

Martin Way will be a quieter place without them both, but Devon will be richer for gaining them.

*Andrew Fox*



The Circuit Youth Choir that became SIGMA

Geraldine and I greatly value our friendship with Janet and Bob and we will miss them greatly. Like many others we have enjoyed their hospitality, messed around in their boat, shared joys and concerns, and sought and received their wise counsel. Others will doubtless recall experiences in YPF and at Swanage, but I have particular cause to thank them for what they have done for me.

Janet and Bob have always lived their lives as true Christians and insofar

as God sets us challenges throughout our lives, so too have Janet and Bob challenged us and our faith. For most people this has been through their preaching and their choir and drama presentations.

However, for me (and Tony) the challenges of Circuit Youth Choir/Sigma have been somewhat different. “I want a basket lowered from the ceiling” says Janet; “we need an earthquake for this production”; “a hill that grows”; “fluorescent fish swimming in the sea”, “glowing bubbles” or some other special effect. When we suggest that 4 weeks notice of such requirements is not enough time Janet will always meet our needs – by giving us an extra day! If she wants 8 different levels of staging when only 3 are possible she will always compromise – by asking for only 7. Janet always lends a hand – by sitting on the stage and telling us what (impossible) things she wants done. Bob is invaluable too – he makes the coffee, cleans up after us, does the photocopying and buys the cardboard, paint, sticky tape, or whatever we need – or whatever Janet tells him we need.

But for me it was Janet and Bob’s work with the Circuit Youth Choir that caused me to make my commitment to God. Whilst it was Geraldine who started me going to church after a 15 year break, and she who asked Janet to involve me in the CYC, it was the choir itself that brought me close to God. It has never ceased to have an amazing impact on me when, after a noisy, chaotic, hilarious and dreadful rehearsal, or before a performance, the choir has paused for a moment of prayer. These young people demonstrate a faith and intensity that perhaps even they don’t know they possess. We have much to learn from young people and thanks to Janet and Bob I have been brought to Christ through them.

And Grandma? Joan has waited patiently for hours for Janet and Bob to finish preparing for a CYC production and take her home. She has sewn costumes and been a constant supporter. A quiet strength behind her daughter.

And Geraldine’s thoughts? Good friends, generous hospitality, and a couple with whom to share thoughts and concerns. Thoroughly enjoyable Sigma performances (even if she didn’t see much of me beforehand) and tremendous acts of worship. And Joan got her involved in Sunday Club.

We thank you, send you our best wishes and, as Janet would say, “blessings”.

***Roy Ellis***



*Bob in Full flow*

I have a treasured child's painting hanging on the wall at home. It's one of the first my oldest child ever did thanks to Janet and the Frogs Club.

Joan was my pastoral leader for many years. She always came to the house with my membership card, even during the time she started to find it hard to get around, and every so often she would ask about the family with genuine interest. Like Janet and Bob, Joan and her husband (who was such a gentleman). have been pillars of the church.

***Janet Fernando***

I remember being told that you could never refuse Janet and Bob, so when Janet asked if Ella could play baby Jesus in the Christmas story, I thought no problem... then a few weeks later as I came for the dress rehearsal, - I have no idea how it happened but I left with the thought that not only was Ella in the play, but I would be playing Mary and Colin was Joseph!

Although I have not known Janet and Bob for very long, I have some very fond memories of the Alpha sessions that they both lead and Swanage trips (particularly this last trip!). It has been a pleasure, which I am sure will be repeated.

***Jane Smith (Colin's Jane!)***

**SWANAGE  
CAMP**

**THEN**

1987



**AND NOW**

2006



I have known Janet since we were in Sunday School, although Janet did not attend as regularly as I did. We really got to know Janet & Bob when we returned to Martin Way in 1977 when Abby was about 2 although we knew of Peter and Andy and some baby clothes went to them, particularly I remember a shawl knitted by my mother-in-law which was passed to them when I had finished with it.

All four of us performed in Daybreak at the Secombe Centre - a wonderfully successful Circuit Youth Choir Event on a LARGE scale. The Circuit Youth Choir and then SIGMA have had such a impact on Martin Way and the Circuit what more can I say. I was left a "widow" many a performance when Roy and Tony spent weeks preparing the scenery, staging etc!

Janet was in "Faith Folk and Harmony"; Janet & Bob instigated many other "events" or contributed to them. Examples are the Friday Group, YPF, Junior Youth Club, Platform 10¾, Good Friday Ramble (later to Hurst Park), Church Summer Picnic, Christmas Tree Festival the list goes on and on.

*Maralyn Loft*

—— < 0 > ——

Friendships begun in this world will be taken up again, never to be broken off.

**St. Francis de Sales**

Hold true friends between both your hands.

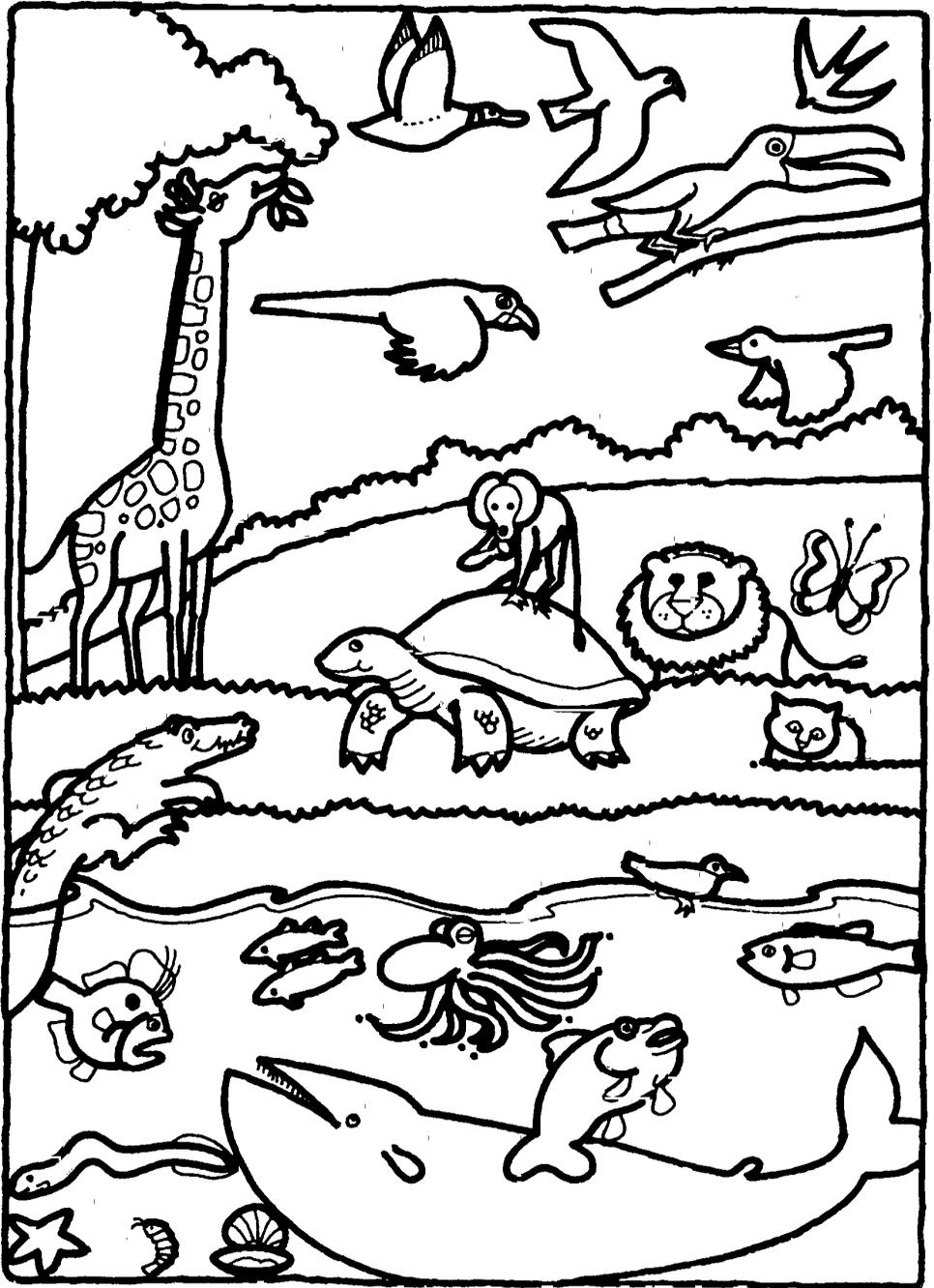
**African Proverb**

Give thanks frequently to God for all the benefits he has conferred on you, that you may be worthy to receive more.

**St. Louis IX**

# PUZZLE CORNER

Some of God's creatures to colour. How many can you name?



## **CROWHURST CHRISTIAN HEALING CENTRE**

Opened in 1928 and standing on the edge of the village of Crowhurst East Sussex. You will drive down a winding country road and suddenly you will come across “The Old Rectory”, built upon the rolling hills of East Sussex.

The peace and tranquillity is immediately felt, it has been said by many people that as you enter this place you feel that “you get a great big hug from God”. It is here that you will always find some one to talk, and minister to you whatever the reasons for coming to Crowhurst, whether it be through stress, sickness sadness or suffering hurt, feeling weary, or just needing quality space to come away and rest. Do not expect physical healing, but one thing you can be sure of is inner peace. Peter the resident Senior Chaplain and his healing team are always available for private ministry, if wanted. They are a dedicated team and you could say was “hand picked by God.”

My first visit to Crowhurst was in 1976 when I was very low and needed that special touch that one feels when being ministered to. Over the years I have returned on many occasions to feel once again the peace and that special; “hug from God”. I first introduced Ted when he was still recovering from angina in 2002, to a healing service where we were both blessed and anointed just before we were married. Since then we have both returned on several occasions and found that peace and serenity that can be found there. You cannot describe the tranquillity that is felt when you return from a visit to this lovely place, you have to go there and experience it yourself,

We were staying there on the annual open day this year, and it is almost impossible to describe the atmosphere of over 200 people, spilling out of the chapel into the corridors, the side chapel, and outside on the grass, singing with such joy and fervour that we felt the roof almost lifting.

We have already booked a long weekend at the end of September, and we will be taking a friend next week to a healing service.

*Grace and Ted.*

## **BIBLELANDS**

This year's annual Service will be held on 7<sup>th</sup> October 2006 in St. Paul's Church, Robert Adam Street, London W1 for anyone interested.

It commences at 10.30 am with coffee, followed by a plenary session and address from a keynote speaker with opportunity for questions about the work of 'Habitat for Humanity' (Egypt), plus the Project Partners work as a whole. Lunch, which can be pre-booked at a very reasonable cost, will follow, then the Thanksgiving Service will be led by the Rt Revd Michael Langrish, Bishop of Exeter. There is an opportunity for those with musical talents to help lead the worship and take part in the Biblelands choir.

Why not come along and find out more about Biblelands work. We are especially looking for support from young folk!

*Mary & Derek Heaton*

————— < 0 > —————

### **The Ministry of Healing Summer School 17<sup>th</sup>-19<sup>th</sup> July**



The Presbyterian Church of Wales held its Annual Ministry of Healing Summer School in Gregynog Hall, set in 750 acres of the beautiful rolling hills of Montgomeryshire. As I am very familiar with this part of the country where I spent most of my childhood, it holds a special place dear to my heart, so it was an honour to attend. It was the

highlight of the summer for me. In the fifteenth century Gregynog was a seat of the Blayney family, and the poets of the Gentry were frequent guests to the welcoming hearth and the tables laden with wine.

Since many people attending Gregynog are involved in Christian ministry and constantly give of themselves and experience a lot of stress, the Summer School offers a place of rest and refreshment and of receiving. It was good to meet old friends and new, to sing the old and modern hymns and speak the native language, although some of the

sessions were bilingual.

The opening Service was a quiet, reflective time of worship as we were led by Rev. Dr Nerys Tudor with a focus on Rembrandt's 'Return of the Prodigal Son'. Forgiveness was a common theme throughout, and in relation to healing, very important. In order to be channels of healing we need to experience the forgiving love of the Father and to be able to forgive others. Sometimes the most difficult person to forgive is ourselves.

We were divided into groups for prayer and Bible study and looked at the healing of the man with paralysis. Our group enacted the miracle and so were able to identify with the healed man, his friends, Jesus and also the authorities and observers. Whenever the Welsh get together there is inevitably some singing involved, so when the paralysed man got up, rolled up his mat and went away praising God, we all responded likewise and burst into song. Following the drama there was much discussion on the relationship between suffering, forgiveness and healing with frequent reference to the work of Dr Rhiannon Lloyd.

Dr Lloyd has attended the Summer School in the past and is now involved in conducting workshops on reconciliation and forgiveness in Rwanda and other countries where there has been ethnic tensions. Central to her workshops is Christ's reconciling work on the cross, his atoning sacrifice for our sins and for the whole world. Isaiah talks about the suffering servant, how he took our infirmities and carried our sorrows; our sickness, suffering, pain, disease, sorrow and wounds have been laid on the cross. When we do likewise with ours, we do not have to carry the wounds that others have caused us. We turn to God daily on the basis of the cross, in repentance and ask for forgiveness, and the freedom that comes from receiving forgiveness is a freedom that heals.

Another highlight was the Blessing Service where there was an opportunity for a special blessing or the laying on of hands for healing. The concluding Service was conducted by Rev. Robert Bebb bidding us go out and serve a hurting world and to be channels of Christ's healing love to one another. We all had fellowship around the banqueting table and partook of bread and wine, only this time it was communion wine.

*Gwen Wildman*



## FAIRTRADE RECIPES

### Fairtrade Spiced Chocolate & Almond Cake

300g Fairtrade dark chocolate  
100g ground almonds  
175g butter (softened)  
Fairtrade cocoa powder for dusting  
175g Fairtrade sugar  
1 tbsp mixed spice  
25g plain flour (sieved)  
6 eggs (separated)  
A few toasted flaked Almonds (for decoration)

- Preheat oven to 170° Grease a 8 – 8 1/2-inch cake tin and dust well with Fairtrade cocoa powder.
- After separating the eggs, cream together the egg yolks and 130g of the sugar until they become light and fluffy.
- Mix together the ground almonds, flour and mixed spices.
- Whisk the egg whites and remaining sugar to stiff peaks.
- Melt the chocolate with the butter and leave to cool.
- Mix the melted chocolate and butter with the egg yolk mixture.
- Then fold in the whipped egg whites, starting with 1/3 of the mix followed by the rest.
- Finally, gradually fold in the flour mix, making sure that the batter remains light and aerated.
- Pour the finished batter into the cake tin and bake for approximately 1 hour or until the cake becomes firm and springy to the touch, when lightly pressed in the middle.

Once left to cool, slice and serve with clotted cream.

This also makes an ideal Birthday Cake, rather than slicing it just dust with Coco Powder or Icing Sugar and decorate with the suitable number of candles!



## **NETWORK IN THE NEW LONDON DISTRICT**

Valerie Smith of Wimbledon Church has accepted the job of chairperson, and Joyce Plant of Martin Way the Secretary for our circuit. We have the task of introducing the New Network Social Action Project 2005 – 2008.

Encouraging, enabling and equipping the Methodist church “To take action on the Trafficking of women and girls in Europe”

*‘Trafficking is a global phenomenon, which connects all the world through the disgraceful trade of women’s and young men’s bodies, most often for commercial sex. It is the underside of globalisation and free trade – it is a trade, which is global but not free. Many of those who are trafficked belong to the church – all of them belong to the world, which God made and Christ gave his life for.*

*Churches and church related organisations have for years denounced trafficking as an unacceptable human rights violation, based on the biblical conviction that 1 Corinthians 12; 26-27 says that ‘if one part of the body suffers all the other parts of the body suffer with it – all of you then are Christ’s body and each one is part of it’.*

(A Quote from “Christian Action& Networking Against Trafficking in Women”)

It will be necessary to form a small group of members from each church in the circuit and we will be pleased if you will send us names of people willing to raise awareness and promote action against people trafficking. All ages and genders welcome!

-----

There is to be a Women’s Network celebration of the new District at Methodist Central Hall Westminster on Saturday November 18<sup>th</sup> 2006  
1.45pm – 4.00pm

### **‘New Beginnings’**

It is hoped that many members from the circuit will attend. This is likely to prove a very popular event, and tickets may be ordered through the circuit secretary priced at £3

## **CHURCH DIARY FOR SEPTEMBER**

Sun	3	10.30 am	All Age Worship led by Mrs Valerie Ashcroft
		6.30 pm	Communion Service led by Rev John Nyota
Mon	4	2.45 pm	Fellowship
Tue	5	10-12noon	Coffee and Chat
		8.00 pm	Time for Prayer
Weds	6	7.45 pm	Midways Group:
			<i>Welcome back - Informal Evening with Bring &amp; Buy Stall</i>
Thurs	7	2.00 pm	Alpha Course Starts
Sun	10	10.30 am	Communion Service led by Rev John Nyota <i>Incorporating the Christening of Alice Lucy Day</i>
Mon	11	2.45 pm	Fellowship
		8.00 pm	Family Committee
Tue	12	10-12noon	Coffee and Chat
		8.00 pm	Time for Prayer
		8.00 pm	Preacher's Meeting at Ruxley
Weds	13	7.45 pm	Midways Group
Fri	15	12.30 pm	Luncheon Club
Sat	16	2.00 pm	Abby & Richard's Wedding
Sun	17	10.30 am	Church Anniversary Praise Service led by Rev John Nyota
		12.30 pm	Church BBQ Picnic & Service at Horton Country Park
Mon	18	2.45 pm	Fellowship
Tue	19	10-12noon	Coffee and Chat
		7.30 pm	Men's Supper Club – <i>Andalucia</i> - Russell Humphreys
Weds	20	7.00 pm	Midways - Joanna Bogle - <i>My life as an author</i>
Thurs	21	7.00 pm	Circuit Meeting at Raynes Park

Sun 24	10.30 am	Morning Service led by Bill Cox
	6.30 pm	Bible Study led by Rev Barrie Tabraham
Mon 25	3.45 pm	Fellowship
Tue 26	10-12 noon	Coffee and Chat
	8.00 pm	Time for Prayer
Weds 27	10.30 am	Morning Communion
	7.00 pm	Alpha Course Launch at Merton Park Baptist Church (See Gwen Wildman for tickets)
Fri 29	12.30 pm	Luncheon Club
Sun 1st Oct	10.30 am	Harvest Festival & Parade Service <i>followed by a Ploughman's Lunch</i>

*Please refer to the Website ([www.martinway.org.uk](http://www.martinway.org.uk)) or Weekly Notice Sheet for any additional information*

————— < 0 > —————



We wish all of those who celebrate a birthday this month a very

*Happy Birthday*

and especially to:

**Abigail Fuwa on 15th September**

————— < 0 > —————

You know you are getting old when the candles cost more than the cake.

**Bob Hope**

## CHANGES TO MAKE A NOTE OF

Please can you make the following alterations to your address books and emailing lists:

Abby Loft has changed her email to [abbyloft@googlemail.com](mailto:abbyloft@googlemail.com)

Andrew Fox has changed his email to [roife@hotmail.co.uk](mailto:roife@hotmail.co.uk)  
also his new address is: 198b Martin Way, Morden, Surrey, SM4 4AJ  
And his new phone number is 0773 262 8693

It has also been pointed out that there is an error in the Church Directory  
Derek Heaton's phone number should be 8395 6130

————— < 0 > —————

## PUZZLE CORNER ANSWERS

Solution to the Sudoku Puzzles from last issue

Easy

6	5	8	1	7	3	2	9	4
2	4	9	6	8	5	3	1	7
7	1	3	2	9	4	5	6	8
1	3	6	9	2	7	8	4	5
8	7	5	4	1	6	9	2	3
4	9	2	5	3	8	1	7	6
5	2	7	3	6	1	4	8	9
9	8	4	7	5	2	6	3	1
3	6	1	8	4	9	7	5	2

Hard

4	6	9	7	1	5	2	8	3
3	2	5	8	4	6	9	7	1
8	7	1	3	9	2	6	4	5
9	4	8	5	7	3	1	6	2
6	5	2	1	8	9	7	3	4
1	3	7	2	6	4	5	9	8
7	1	4	6	2	8	3	5	9
5	9	6	4	3	1	8	2	7
2	8	3	9	5	7	4	1	6

Items for the **October Newsletter** should be with Andrew Fox,  
(email: [roife@hotmail.co.uk](mailto:roife@hotmail.co.uk)) by **Sunday 22nd September** at the latest